



# Give yourself a healthy boost

Take a convenient online class

## Women's Health

**Date:** Tuesday, May 19, 2026 | **Time:** 12:00 PM - 1:00 PM

**Join via computer or mobile device at:**

<https://event.on24.com/wcc/r/5243658/EA75D1D06CC5BDE0CD9F0841194CB9CA>

For support, [click here](#).

**Description :** Review preventive steps, risk factors, and guidelines for wellness at every life stage, including breast health, reproductive health, and menopause, to help guide future conversations with doctors.

For questions, contact: [employeewellness@fultoncountyga.gov](mailto:employeewellness@fultoncountyga.gov)

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